

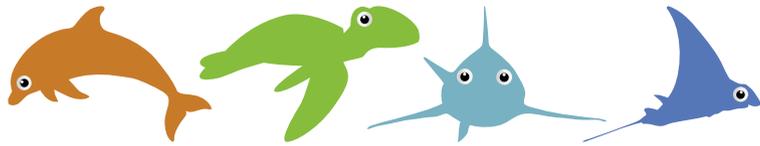


# Junior Church

**LESSON PLANS: 06-06-21**

VISIT [HARVESTCITY.ORG/JC](http://HARVESTCITY.ORG/JC) FOR VIDEOS, LINKS AND RESOURCES

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# Family Fun

(All Ages)

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## Draw and thank

**Activity time:** 10–15 minutes

**Aim:** to thank God for people we've spent time with

**You will need:** drawing paper, pencils

1. Give out paper and pencils and invite the children to draw someone they have spent time with this week. Encourage them to illustrate the activity they did with that person.
2. Invite each child in turn to show their picture and tell everyone who they have drawn and what they did with them. Encourage them to thank God for that person by name. In between each turn you could all say together, 'Thank you, God, for all the people we have spent time with this week.'



# Dolphins

(Age 3, F1 & F2)

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## Finger rhyme

**Activity time:** 5–10 minutes

**Aim:** to think about spending time with Jesus

**You will need:** figures made from Bubbles Sheet 33 from page 243 (optional)

1. Use this finger rhyme to show the contrast between the two sisters. (You could use the Bubbles Sheet figures if you prefer.) Here is busy Martha, (Hold up one thumb.) Working all the day. (Wiggle thumb around.) Will she stop and listen To Jesus' words today? Here is listening Mary, (Hold up other thumb.) Listening all the day. (Keep thumb still.) She wants to sit and listen to Jesus' words today.
2. Help the children to think about their own response to Jesus: Will I be too busy? What will I do today? Will I stop and listen To Jesus' words today?
3. Be ready to help the children 'listen' to Jesus in whatever way suits them: they may want to pray, draw a picture, tell the Bible story to each other – or simply get on with playing.

Mary



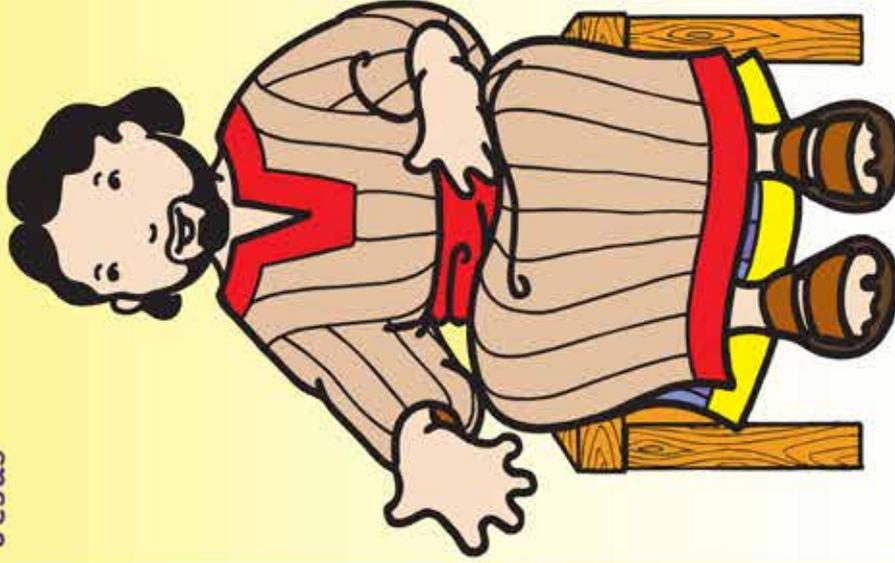
# 33 Bubbles

Tell the Bible story

What is it like to meet Jesus?

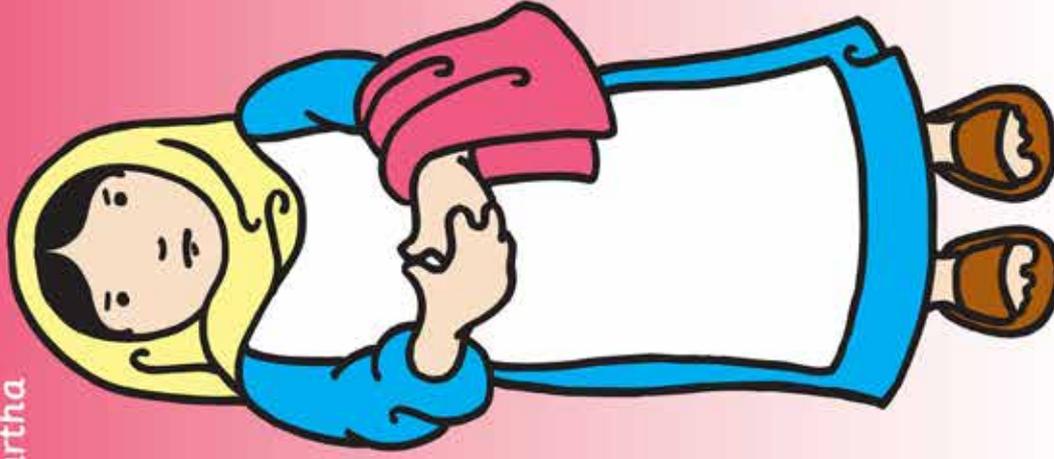
Our task this time, as parents and carers, is to help our young children discover that receiving from Jesus, hearing about him, learning of him and listening to him is thrilling and wonderful – better than anything else we could be doing, learning or enjoying. Time with Jesus is time well spent. Doing nothing, but doing it with Jesus, is not wasteful.

Jesus



In this Bible story, Mary is the one who gets the balance right. In your own life, are you more like Martha or Mary? How can you get the balance right so that you also have the opportunity to “be” with Jesus as well as doing things for him?

Martha





# Turtles Sharks

(Year 1 & 2)

(Year 3 & 4)

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## Bible story with pictures

**Activity time:** 15–20 minutes

**Aim:** to realise that Jesus wants us to spend time with him

**You will need:** story from page 234

1. The passage from Luke 10 is here, with the missing words marked in bold:

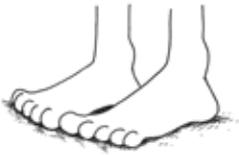
As Jesus and his disciples went on their way, he came to a village where a woman named Martha welcomed him in her home. She had a sister named Mary, who sat down at the feet of the Lord and listened to his teaching. Martha was upset over all the work she had to do, so she came and said, 'Lord, don't you care that my sister has left me to do all the work by myself? Tell her to come and help me!' The Lord answered her, 'Martha, Martha! You are worried and troubled over so many things, but just one thing is needed. Mary has chosen the right thing, and it will not be taken away from her.'

2. Respond

Ask the children to tell you all the people they heard about in the story. Go through them one by one, asking them to remember what the characters did. Ask them what Jesus thought of what Martha and Mary did. What did they think? Help them discover that, more than anything else, Jesus wants us to spend time with him. Chat together about ways of spending time with Jesus and help them think about creative ways of praying and reading the Bible.

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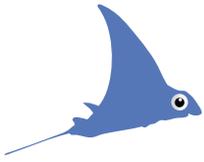
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over so many things, but just **1** thing is needed. Mary has 

the right thing, and it will not be taken away from her."



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## Xstream time plan

**Activity time:** 10–15 minutes

**Aim:** to plan to spend time with Jesus this week

**You will need:** copies of the Xstream sheet from page 233, prayer and Bible reading resources (optional)

1. Give out copies of the Xstream sheet from page 233. If you have not already done 'Xstream Recall', do it now, or just talk through the chart briefly.
2. Encourage the children to use the second chart ('Jesus Recall') to plan to spend time with Jesus this coming week. They could use the code shown or invent their own to plan specific activities on different days. If you have some resources to help them pray or read the Bible, now would be a good time to give them out.

# Spending time



Use this code to fill in the chart. There's space to add some extra symbols, if you need them.

## Xstream Recall

Who did you spend time with last week?

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday



= Frog (dog)



= Mum



= Sid (brother)



= Gemma (sister)



= schoolmates

## Jesus Recall

Who did Mary spend time with in today's story?  
How could you spend time with him this week?

Use this code to fill into the chart some plans.



= thank Jesus for my food



= read a bit of the Bible



= tell Jesus when I am happy and sad



= remember Jesus is with me



= sing praise to Jesus

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday