



Junior Church

LESSON PLANS: 08-11-20

VISIT [HARVESTCITY.ORG/JC](https://www.harvestcity.org/jc) FOR VIDEOS, LINKS AND RESOURCES

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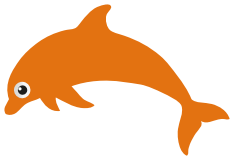
Making Manna

Activity time: 10–15 minutes

Aim: to enjoy the food God provides

You will need: a clean surface to work on, aprons, small dishes, cornflakes, frosted cereal flakes, wafers, small biscuits, runny honey, powdered icing sugar in flour/sugar shakers, a honey drizzler, paper plates, cling film

1. Check for allergies before doing this activity. Wash the children's hands, let them put on aprons and sit together at a low table. Chat about the manna that the Israelites tasted in the story of Moses. 'Nobody really knows what it looked like, but it may have tasted a little bit like this...'
2. Give each child a paper plate with their name written on the rim. In small dishes, lay out some cornflakes, frosted cereal flakes, wafers and small biscuits. Let the children choose a handful of their favourites (be aware of allergies).
3. Then bring out the runny honey and powdered icing sugar. Using a honey drizzler, show the children how to cover their flakes, wafers and biscuits with honey. Let each child drizzle on the honey; be at hand to help.
4. Next, let them shake on the icing sugar from a sugar shaker. It would be ideal to have three or four shakers to share.
5. Once every child has finished decorating and experimenting, let them taste their creations if they want to. Taste your own creation and describe how delicious it is! Double wrap each plate with cling film, and hand them out at home time.



Dolphins

(Age 3, F1 & F2)

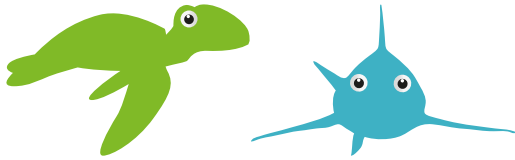
Drawing and praying

Activity time: 10–15 minutes

Aim: to think about what we need and thank God for providing for us

You will need: paper, crayons or felt-tip pens

1. Ask the children, 'What can we thank God for?' Suggest some ideas such as: food to eat, families to love, friends to play with. Remind the children that God can provide what we need.
2. Encourage the children to draw something God gives them (not necessarily food or drink). Ask each child individually what they have drawn. Say, 'What would you like to say to God about what you've drawn?' Write their own words below the picture.
3. You could then gather the children and remind them of today's Bible story. The people were hungry and needed food – God gave it to them. They were thirsty and needed water – and God gave it to them.
4. Look at each child's picture in turn, saying the words you have written as a prayer that everyone can share.



Turtles Sharks

(Year 1 & 2)

(Year 3 & 4)

Puzzles

Activity time: 10 minutes

Aim: to think about what God provides

You will need: copies of the Splash! sheet from page 74 (attached)

1. Challenge the children to remember what God provided for the people of Israel by solving the coded words on the Splash! sheet.
2. Now invite them to think about what God provides for them by solving the anagrams.
3. Encourage the children to think of anything else that God provides.
4. Compose a prayer together, thanking God for all he gives us, and help the children to write it in the space on their sheet.
5. Encourage the children to use the prayer every day this week.



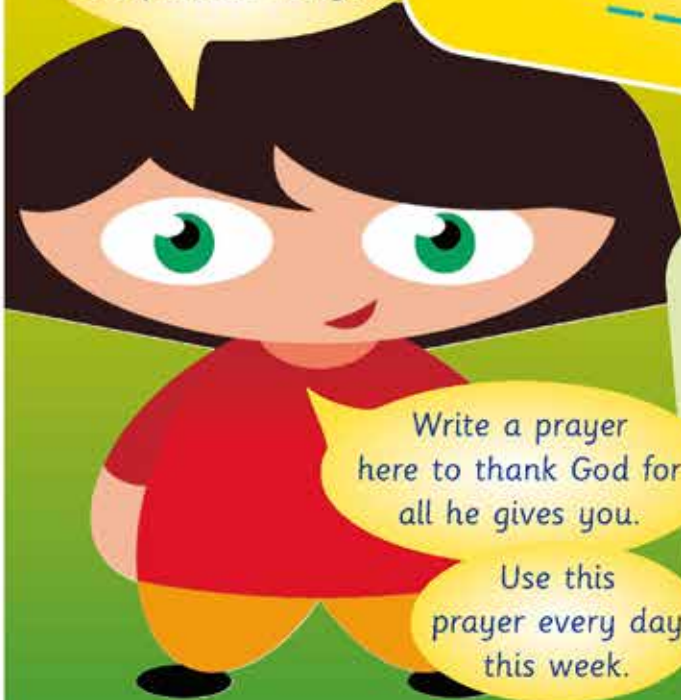
Use the code to find out what God provided for Moses and the people:



meoh enfrids inkrd

lotchse doof

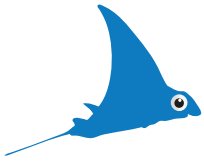
Now unscramble the letters to find what God provides for you:



Write a prayer here to thank God for all he gives you.

Use this prayer every day this week.





Stingrays

(Year 5 & 6)

Grumbling!

Activity time: 5–10 minutes

Aim: to think about grumbling

You will need: copies of the Xstream sheet from page 73 (attached)

1. Give each child a copy of the Xstream sheet from page 73. If appropriate, act grumpy while you give the sheets out and tell the children what to do!
2. Look together at the comments.
3. Ask the children to share what makes them grumble and write it in the space. Do they think it is good to grumble? Why, or why not?
4. Invite the children to check out the Bible verses about grumbling.
5. Encourage them to talk about why grumbling isn't always a helpful thing to do.
6. Explain that today they will hear about a lot of grumbling from the Israelites.

Grumble, grumble



Lucy grumbles when she has to get up in the morning.

Anna grumbles when she has to do her music practice.



Daniel grumbles when he's asked to switch off the TV.



Benjamin grumbles when it's raining and he can't play football.

What does the Bible say about grumbling? Check out [Philippians 2:13](#) and [Ephesians 4:29](#).

What makes you grumble?

Do you think it's good to grumble?
