



Junior Church

LESSON PLANS: 14-03-21

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Family Fun

(All Ages)

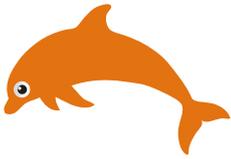
Active game

Activity time: 5–10 minutes

Aim: to experience perseverance

You will need: n/a

1. Challenge the children to see how long they can persevere with the following tasks. How long can they: stand on one foot? hum without taking a breath? not blink?
2. Get your family to encourage the challengers by saying things like, 'Keep going!', 'Don't give up!'
3. Explain that today they will learn about someone who trusted Jesus and didn't give up.



Dolphins

(Age 3, F1 & F2)

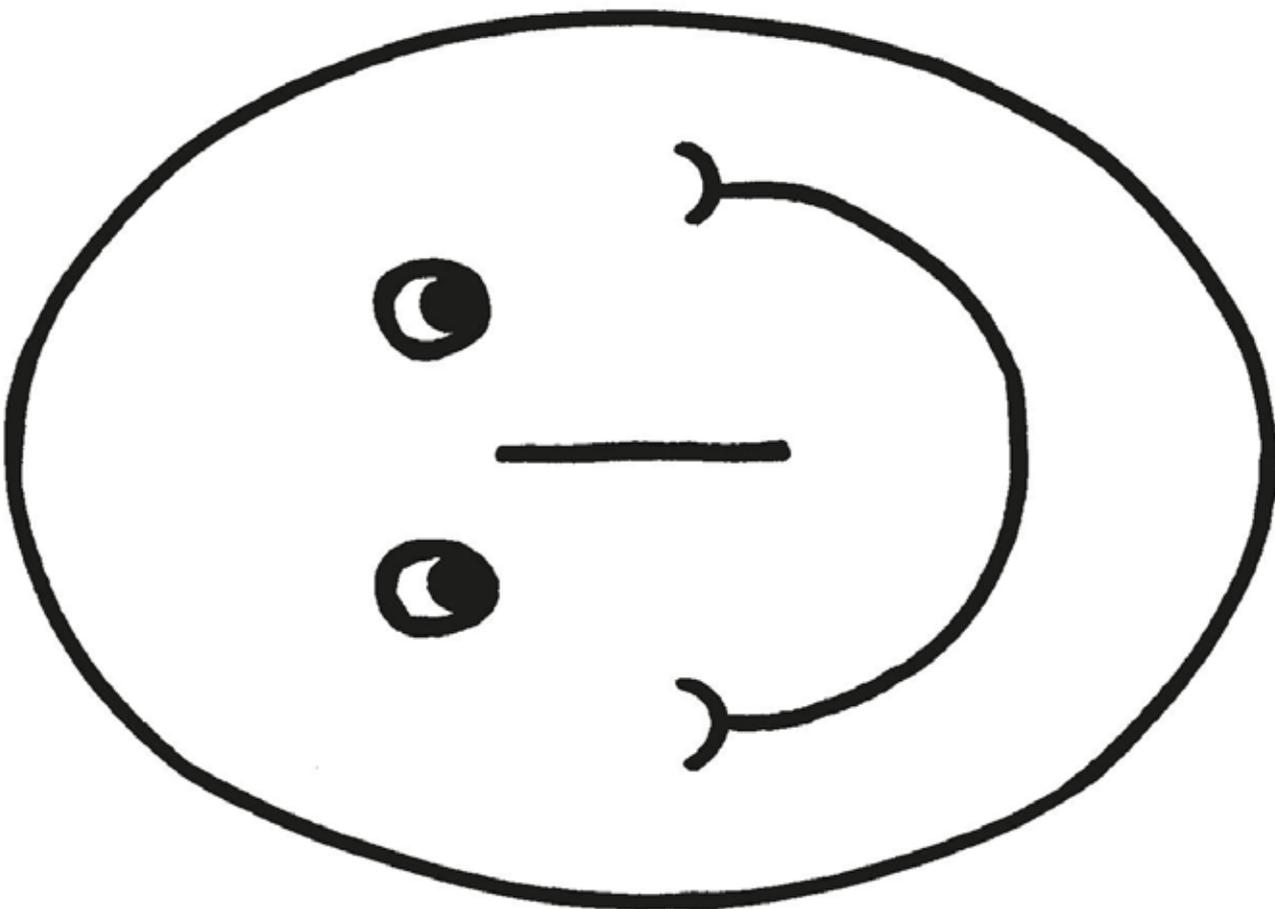
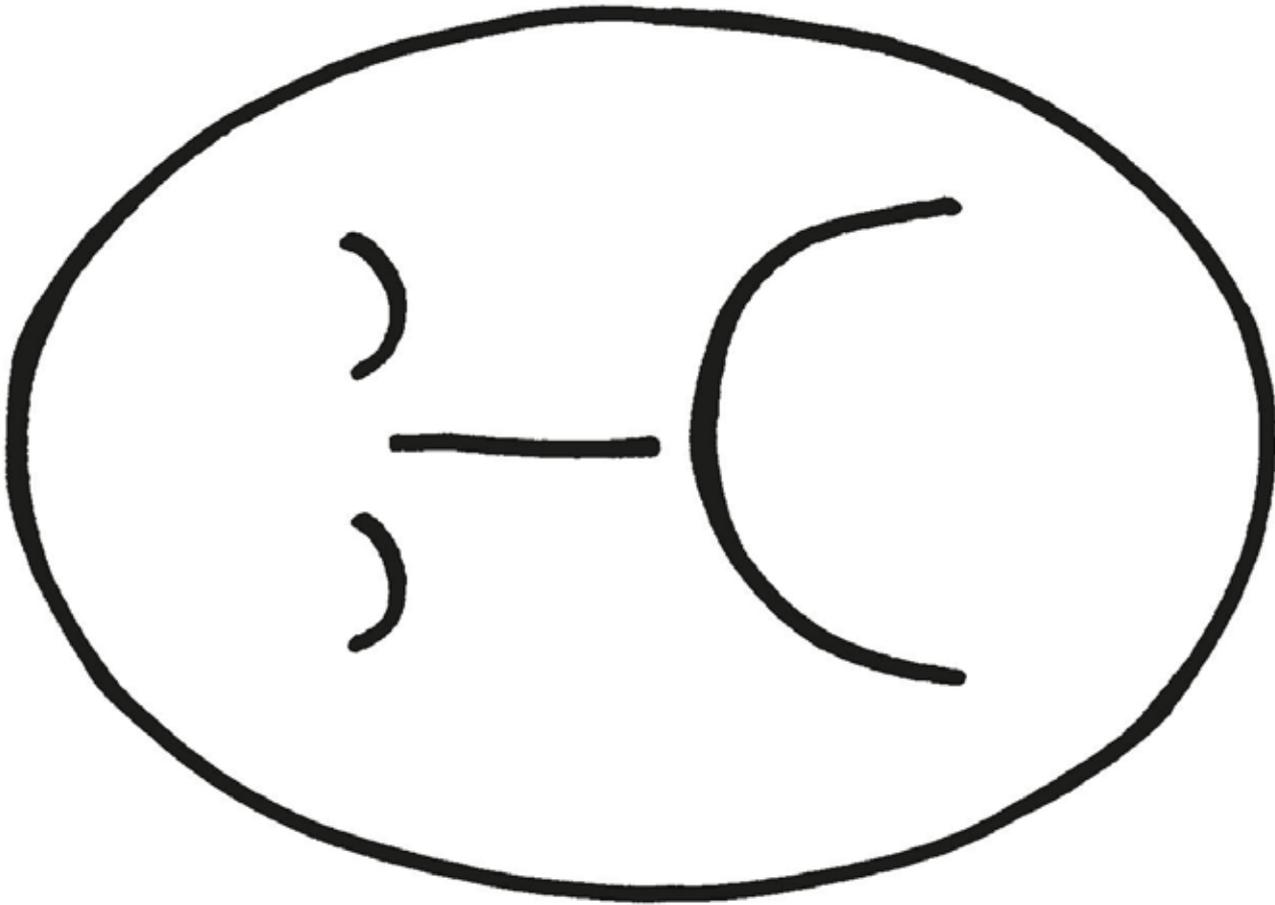
Helping poster

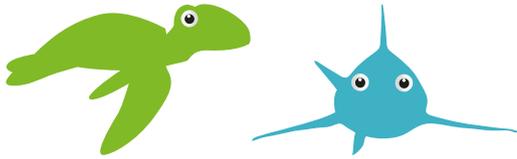
Activity time: 10 minutes

Aim: to ask and thank Jesus for his help

You will need: faces from page 211, a large sheet of paper if making one picture or a smaller sheet for each child

1. Gather everyone together and explain that you are going to make a picture to show how good it is to have Jesus as our helper. Remind the children that Jesus loves every kind of person (mention those featured in this series) and that is why he wants to help us all.
2. Let each child stick a sad face on the background paper to show how we feel when we need help. Pray: 'Dear Jesus, we thank you that you love each one of us. Please help us when we are sad... when we are ill...' (Add more ideas from the children.)
3. Say that we have heard stories about Jesus helping people. We can be sure he will help us too. We know he can help us because he is God's Son. Stick happy faces over each sad one. Pray: 'Thank you, Jesus, that you want to help us when we need you.'





Turtles Sharks

(Year 1 & 2)

(Year 3 & 4)

Draw and pray

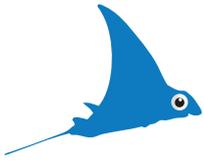
Activity time: 10–15 minutes

Aim: to remember that Jesus wants to include us no matter what others think of us

You will need: pictures from page 200 (optional)

1. Ask the children to draw and cut out a picture of Jesus from an A5 sheet of paper, or give them a copy of the picture from page 200 to colour.
2. On a sheet of A4 paper, invite each child to draw themselves in a place they go to during the week.
3. Ask the children to glue their picture of Jesus on to the picture of themselves. As they glue, encourage them to say a prayer to Jesus in their own words. It could be thanking Jesus for always being with them, and including them no matter what other people think of them. If the children find this very hard, take this opportunity while they are gluing to say a short prayer out loud specifically for them.





Something to make

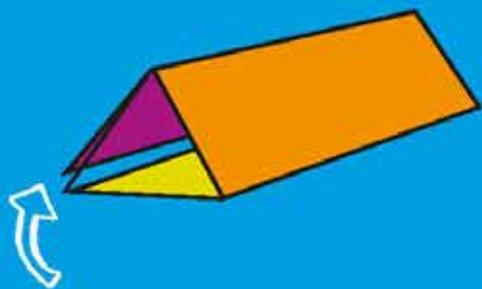
Activity time: 5–10 minutes

Aim: to help the children remember that they can come to God at any time

You will need: copies of the Xstream sheet from page 200

1. Encourage the children to write their name on the dotted line to the left of the word 'Come' on the Xstream sheet from page 200. Show them how to make the memory prism.
2. Help them to fold the A4 sheet into four quarters horizontally, where indicated by fold lines. To form a triangular prism with the words on the outside, fold and glue the top (blue) quarter to the back of the bottom (purple) quarter.
3. Suggest that the children turn it round and then try to remember the text on it before they turn it.
4. Encourage the children to keep their 'memory prism' beside their bed to remind them that they can come to God at any time and talk to him.

4 Tuck the inner flap bottom flap and glue



3 Fold back:

..... "Come back
to the Lord your God.

2 Fold back:

He is kind and full of
mercy; he is patient
and keeps his promise;

1 Fold back:

"He is always ready
to forgive and
not punish." Joel 2:13b