



Junior Church

LESSON PLANS: 31-01-21

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Family Fun

(All Ages)

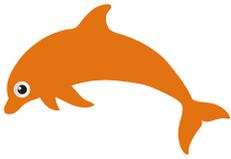
Obeying game

Activity time: 5–10 minutes

Aim: to think about what it means to obey

You will need: n/a

1. Ask the children what they think it means to obey someone. Encourage them to come up with ideas, then guide them towards the idea that obeying is about doing what someone says.
2. Play a game of Simon Says, where the children have to obey the instructions the leader gives. The leader should sometimes obey their own commands, and other times not. If the children don't obey the commands, they should sit down.
3. Take it in turns for different people to be the leader.



Dolphins

(Age 3, F1 & F2)

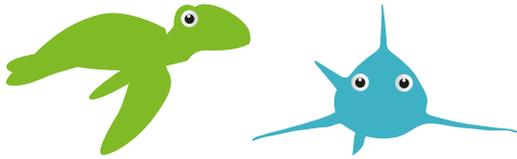
Rainbow fun

Activity time: 10 minutes

Aim: to realise that rainbows remind us of God's promises

You will need: a large sheet of paper, paints, brushes and aprons; or coloured paper and glue; or balloons

1. Ask the children if they have seen a real rainbow in the sky. When we see a rainbow, we can remember God's promise never to flood the world again.
2. Use one or more of these options to celebrate the excitement of rainbows. Work together to paint a giant rainbow on the largest sheet of paper you can find. Scrunch squares of coloured tissue or crêpe paper and stick them to a background arc to make a rainbow collage of any size.
3. Play with rainbow-coloured balloons, seeing how long you can keep them up in the air by tapping them gently. (Be aware that some children are not confident with balloons, so play alongside these children.)
4. Emphasise as you play that God always keeps his promises and we can remember that when we see these lovely rainbows.



Turtles Sharks

(Year 1 & 2)

(Year 3 & 4)

Splash!

Activity time: 10–15 minutes

Aim: to thank God that we can trust and obey him

You will need: copies of the Splash! sheet from page 34, thread (optional)

1. Give each child a copy of the Splash! sheet from page 34 and look at it together. Read the words on the rainbows. Discuss what 'easy times' (on the sun) might be, and what 'hard times' (on the rain cloud) might mean. Pray together, asking for God's help to remember his promises and to trust and obey him at all times.
2. Help the children to make the mobiles. If you do not have any thread, help the children to stick the cloud and the sun on to the very ends of the rainbow.
3. Hold the finished rainbows as everyone says together: 'Thank you, God, that we can trust you.' Suggest that the children display their rainbows at home to remind them to keep thanking God.

Make your
rainbow mobile.

I can always trust God...
I can always trust God...

...in
easy
times

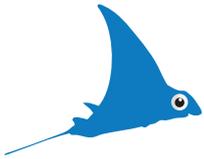
I can always trust God...

...in
easy
times

...in
hard
times

Hang
your rainbow mobile
where you will see it
every day.

I can remember God's promises...
...in
hard times
I can remember God's promises...



Xstream

Activity time: 5–10 minutes

Aim: to see who trusted God in the Bible

You will need: copies of the Xstream sheet from page 33

1. Give out copies of the Xstream sheet from page 33.
2. Invite the children to look up the Bible verses to find out who trusted God, and to write the names of these people in the gaps.
3. Talk together about what the Bible says happens to people who trust God. Help the children look up the verses and fill in the answers.
4. Say that today's session is about what happened to Noah because he trusted and obeyed God.

Who's trusting



Lots of people in the Bible didn't know what would happen, but they chose to trust God.

Look up the Bible verses to see who the Bible says trusted in God. Fill in their names.

In Exodus 14:31
we see that

trusted God.

In 2 Kings 18:5
we see that

trusted God.

In Psalm 22:4
we see that

trusted God.

What do these verses tell us will happen to people who trust in God?

Psalm 25:21

Psalm 31:19

Psalm 32:10